



SUPPORT BOOK – 2nd BACHILLERATO

Topic: Sharing Experiences and Emotions Through Stories

Objetivo general

Desarrollar **habilidades narrativas** para **contar experiencias personales y expresar emociones**, usando:

- **Narrative tenses:** *past simple, past continuous, past perfect*
- **Time linkers and sequencing words**

CLASS 1: Telling Experiences – Narrative Review

❖ What is a personal experience?

Es algo que **vivimos, sentimos y recordamos**.

❖ Narrative tenses (review)

Tense	Use	Example
Past simple	acción terminada	I felt happy.
Past continuous	acción en progreso	I was walking home.
Past perfect	acción anterior	I had forgotten my phone.

❖ Example (short experience)

I **was walking** home when I **saw** an accident.

I felt scared because I **had never seen** something like that.



CLASS 2: Time Linkers – Ordering Events

- ◊ What are time linkers?

Son palabras que nos ayudan a **ordenar ideas en el tiempo**.

⌚ Common time linkers

Linker	Use
First	inicio
Then	secuencia
After that	siguiente acción
While	acciones simultáneas
Suddenly	evento inesperado
Finally	cierre

📝 Sentence models

- **First**, I arrived home.
- **Then**, I started to cry.
- **While** I was studying, my phone rang.
- **Finally**, I felt calm.



CLASS 3: Expressing Emotions in Stories

◊ Emotions vocabulary

Emotion	Example
happy	I felt happy.
sad	I was sad.
scared	I felt scared.
nervous	I was nervous.
excited	I felt excited.

█ Useful structures

- I felt _____ because _____.
- I was _____ when _____ happened.

✍ Example

I felt nervous because I **had an exam**.

I was happy when I **passed** it.



CLASS 4: Writing a Personal Narrative

❖ How to write a narrative

Sigue estos pasos:

1. Choose a real experience
2. Order events with time linkers
3. Use narrative tenses
4. Express emotions

brick Guided narrative template

First, _____.

While _____, _____.

Then, _____.

After that, _____.

Finally, _____.

pen Model narrative

First, I arrived at school late.

While I **was running**, I **felt** nervous.

Then, I **realized I had forgotten** my homework.

Finally, the teacher **understood**, and I felt calm.



ACTIVITIES BY CLASS – 2nd BACHILLERATO (ACTIVIDADES OPCIONALES)

CLASS 1 ACTIVITIES: Narrative Tenses

◊ Activity 1: Match

Une la oración con el tiempo verbal correcto.

◊ Activity 2: Complete

- I _____ (feel) scared.
- I _____ (walk) home when it _____ (rain).

CLASS 2 ACTIVITIES: Time Linkers

◊ Activity 1: Order the story

Ordena las oraciones usando:

First – Then – Finally

◊ Activity 2: Choose the linker

- _____ I arrived, I started to cry.
(First / While)

CLASS 3 ACTIVITIES: Emotions

◊ Activity 1: Choose the emotion

Selecciona la emoción correcta.

◊ Activity 2: Complete

- I felt _____ because _____.

CLASS 4 ACTIVITIES: Personal Narrative

◊ Activity 1: Write your experience

Escribe una experiencia personal (8–10 oraciones).

◊ Activity 2: Oral sharing

Comparte una oración de tu historia.



Resultados esperados

Al finalizar el libro, ahora podrás:

- ✓ Narrar experiencias personales
- ✓ Usar tiempos narrativos correctamente
- ✓ Organizar ideas con conectores de tiempo
- ✓ Expresar emociones de forma clara